SOUTHEAST EUROPEAN MEDICAL FORUM (SEEMF)

FIRST INTERNATIONAL MEDICAL CONGRESS

22 – 25 September 2010 Golden Sands Resort, Varna Bulgaria



FOR SCIENTIFIC INFORMATION

Corresp. member of BAS Prof. Dr. Vladimir Ovcharov, DMS President of the Bulgarian National Medical Academy Chairperson of the Scientific Committee of the Congress Tel.: 02 952 04 55, fax: 02 51 87 83 Mobile: 0888443350 e-mail: vovcharov@dir.bg

FOR GENERAL INFORMATION

Congress Secretariat: Bulgarian Physician Association Tel./fax: +359 2 85 48 782 Mobile: +359 899 906 629 e-mail: <u>seemf.congress@gmail.com</u>

www.seemfcongress.zdravenews.eu

TABLE OF CONTENTS

Dates to remember
<u>Welcome</u>
International Organising Committee
International Scientific Committee
Local Organising Committee
TOPICS
Preliminary Programme
Keynote lecturers
Scientific Information
Call for Abstracts
General Information
Registration Information
REGISTRATION FORM

Dates to remember

September 2010 Abstract submission deadline
 September 2010 After this date only on site-registrations will be accepted

Welcome

Dear Colleagues,

It is our pleasure to invite you for participation in the **First International Medical Congress**, organized by the Southeast European Medical Forum, to be held from 22 - 25 September 2010 in Golden Sands Resort, Bulgaria.

At the Forum you will have the chance to get acquainted with the scientific achievements and practical experience of outstanding specialists in the respective fields, as well as to hold informal meetings and establish contacts. A discussion will also be held on current healthcare issues and health policy in conditions of economic crisis.

The main Congress topics are four:

1. Hypertension and related disorders;

Hypertension is a major health problem in many countries, including Southeastern Europe. The significance of this disease is confirmed by the fact that over 1 billion (about 26% of the elderly) people in the world suffer from hypertension.

2. Oncology;

Progressive morbidity growth is witnessed reaching values of 32 per 1000 of the population, including in the Southeast European countries. By the end of the past millennium one of every four deaths in Europe was due to oncologic diseases.

3. Obesity, Diabetes Mellitus type 2, metabolic syndrome;

Obesity is one of the grave contemporary health problems in the world, including the Southeast European countries. Unhealthy alimentation habits and insufficient physical activity contribute significantly for increasing the incidence of obesity, diabetes type 2 and metabolic syndrome. These diseases are to a large extent due to the alimentation pattern in this part of Europe - low consumption of fruits and vegetables, high intake of fats and salt, high consumption of sugar, etc. Obesity is associated with metabolic syndrome which is a combination of symptoms increasing the risk of cardiovascular diseases and diabetes type 2.

4. Allergy and autoimmune diseases.

The incidence rate of allergic diseases was greatly increased during the last two decades from 20 - 25% previously, to the current 30 - 35% of the population. It is expected that by 2015 every other individual will suffer from some kind of allergy.

About 7% of the population suffer from autoimmune diseases, the total number of which is about 80. Taking into account that allergic and autoimmune diseases are wide-spread, their duration, the treatment which continues for years on end, the new more efficient medicines and their prices are the reason for the great interest they cause, and for their impact on the health system of each country.

Two Round Tables will also be held on: 1. **Patient Safety**, which is a major healthcare issue around the Globe. Research shows that in many countries medical errors occur in more than 10% of the inpatient cases. Although WHO, World Alliance for Patient Safety and Joint Commission International are making great effort to facilitate actions of the Member-States in this direction, a lot has yet to be done in the Southeast European countries.

The title of the second Round Table, namely: Health Issues and Health Policies under Conditions of Economic Crisis - European and International Practice, reveals its significance. Such issues are of major importance for the countries in this region due to the insufficient healthcare resources and the need of reforms.

We believe that the combination of the four main Congress topics, as well as the two Round Tables will be exceptionally useful for the physicians from Southeastern Europe. They will have the chance to listen to the presentations of internationally recognized lecturers and will be able to participate in the discussions, to compare achievements and shortcomings, as well as the ways to overcome, avoid or remedy such shortcomings.

The ambition of the organizers is to offer a large-scale scientific event with participants and outstanding speakers from a number of European countries which will guarantee the high scientific level of the Congress and its contribution to the development of the medical science and practice.

The Congress will receive EACCME accreditation.

Wel extend a cordial invitation for participation to all physicians who would like to be aware of the modern trends in basic medical fields.



Prof. Jovan Tofoski, M.D., Ph.D Vice-President of SEEMF President of the MMA Co-Chairperson of the Organising Committee of the Congress



Dr. Andrey Kehayov, M.D., PhD, President of SEEMF President of the BPA Co-Chairperson of the Organising Committee of the Congress



Corresp. member of BAS Prof. Dr. Vladimir Ovcharov, PhD, DSc. President of the Bulgarian National Medical Academy Chairperson of the Scientific Committee of the Congress

International Organising Committee

Co-Chairpersons:

Dr. Andrej Kehayov, President of the Bulgarian Physician Association, President of SEEMF

Prof. Jovan Tofoski, President of the Macedonian Medical Association, Vice-President of SEEMF

Secretary:

Prof. Goce Spasovski, Chairperson of the Committee for CME activities at ERA-EDTA

Members:

- 1. Prof. Anelia Klisarova, Rector of the Varna Medical University
- 2. Prof. Georgi Paskalev, Rector of the Plovdiv Medical University
- 3. Prof. Grigor Gorchev, Rector of the Pleven Medical University
- 4. Dr. Din Abazaj , President of Order of Physicians of Albania
- 5. Dr. Doko Jocic, President of Medical Chamber of Montenegro
- 6. Prof. Isuf Kalo, Director of the National Centre of Quality, Safety, and Accreditation of Health Institutions in Albania
- 7. Prof. Marin Marinov, Dean of the Medical Faculty, Sofia Medical University
- 8. Prof. Maya Galabova, Dean of the Medical Faculty, Thracian University
- 9. Dr. Mihail Zortev, Chairperson of the National Association of the Regional Hospitals in Bulgaria
- 10. Prof. Nikola Jankulovski, Dean of Medical Faculty, Cyril and Methodius University, Skopje
- 11. Dr. Oleg Musii, President of the Ukrainian Medical Association

- 12. Prof. Pavel Poredos, Professor of internal medicine at the Medical Faculty in Ljubljana
- 13. Prim. Slobodan Tomic , President of Association of Doctors of Montenegro
- 14. Major-General Stoyan Tonev, Director of Military Medical Academy, Director of MBAL Sofia, Chief Physician of the Military Forces of the Republic of Bulgaria
- 15. Prim. Tatjana Radosavljevic, President of the Medical Chamber of Serbia
- 16. Dr. Tzvetan Raychinov, President of the Bulgarian Medical Association
- 17. Prof. Vanyo Mitev, Rector of the Sofia Medical University
- 18. Prof. Vladimir Borozanov, President of Medical Chamber of Macedonia

International Scientific Committee

Chairperson:

Prof. Vladimir Ovcharov, President of the Bulgarian National Medical Academy

Members:

1. Prof. Alexander Tschirkov, cardiac surgeon in Tokuda Hospital Sofia

- 2. Dr. Andrey Kehayov, President of the Bulgarian Physician Association, President of SEEMF
- 3. Prof. Angelko Gjorcev, Clinic of Pulmology, Cyril and Methodius University, Skopje
- 4. Prof. Asen Busarski, Chair of Neurosurgery, Medical Faculty, Sofia Medical University
- 5. Acad. Bogdan Petrunov, Head, Department of Immunology and Allergology, National Center of Infectious and Parasitic Diseases, Sofia
- 6. Dr. Carlo Ramponi, Managing Director of Joint Commission International's European Office
- 7. Prof. Enis Özyar Professor in Radiation Oncology, Medical Faculty, Acibadem University, Maslak, Istanbul
- 8. Prof. Evangelos Paraskevaides, Director of Department of Ob&Gyn. Medical Faculty, University of Janine
- 9. Prof. Goce Spasovski, Chairperson of the Committee for CME activities at ERA-EDTA
- 10. Prof. Iskra Altunkova, Head of Diagnoctics and Consultation Dept. in University Hospital St. Ivan Rilski, Sofia
- 11. Prof. Isuf Kalo, Director of the National Centre of Quality, Safety, and Accreditation of Health Institutions in Albania
- 12. Prof. Jovan Tofoski, President of the Macedonian Medical Association, Vice-President of SEEMF
- 13. Prof. Katica Zafirovska, Medical Faculty, Cyril and Methodius University, Skopje
- 14. Prof. Marin Marinov, Sofia Medical University
- 15. Prof. Maja Zakelj, Institute of Oncology Ljubljana, Slovenia
- 16. Prof. Mladen Grigorov, Chief Medical Director, Bulgarian Cardiac Institute
- 17. Prof. Nikolay Yaramov, Head of the Department of Surgery and Chief of the Surgery Clinic at Hospital Alexandrovska, Sofia
- 18. Prof. Pavel Poredos, Professor of internal medicine at Medical Faculty in Ljubljana
- 19. Prof. Peter Schwarz, Department of Endocrinopathies and Metabolic Diseases at the Carl Gustav Carus Medical Faculty, Technical University, Dresden
- 20. Assoc. Prof. Rossen Dimov, Department of General Surgery, Medical University Plovdiv and Kaaspela Hospital
- 21. Prof. Stojan Radic, Director of Oncological Clinic, Medical Faculty, Nis
- 22. Prof. Svetla Torbova, Chair of the Bulgarian Hypertension League
- 23. Assoc. Prof. Svetoslav Handjiev, President of the Bulgarian Association for Study of Obesity, Specialist in Nutrition and Metabolic Diseases, Member of the General Councils of the World and European Associations for Study of Obesity
- 24. Prof. Tatiana Hadjieva, Professor in Radiation Oncology, Head, Dept of Radiotherapy, University Hospital Queen Giovanna, Sofia
- 25. Assoc. Prof. Toni Vekov, Faculty of Public Health, Medical University Pleven
- 26. Prof. Tzekomir Vodenitcharov, Executive Manager of the First Licensed Voluntary Health Insurance Fund
- 27. Prof. Vesselin Borissov, Professor at the Department of Social Medicine, Faculty of Public Health, Sofia Medical University, Council Member of the Bulgarian Medical Association
- 28. Dr. Vladimir Lazarevik, Chair of the Standing Committee of the Regional Committee (SCRC) of WHO Europe
- 29. Prof. Zoran Gucev, Clinical of pediatrics, Cyril and Methodius University, Skopje
- 30. Representative of WHO Regional Office for Europe

Local Organising Committee

1. Dr. Atanas Atanasov, Secretary of Shumen Regional College of the Bulgarian Medical Association

- 2. Acad. Bogdan Petrunov, Head, Department of Immunology and Allergology, National Center of Infectious and Parasitic Diseases, Sofia
- 3. Dr. Georgi Krastev, Vice-Chair of Plovdiv Regional College of the Bulgarian Medical Association
- 4. Dr. Dimitrina Dinkova, Council Member of the Bulgarian Pathologists' Association
- 5. Dr. Dobrin Papurov, Chair of Targovishte Regional College of the Bulgarian Medical Association
- 6. Dr. Ivan Dimitrov, Director of Popovo Hospital

- 7. Dr. Ivan Furnadzhiev, Vice-Chair of the Association of Private Healthcare Establishments in Bulgaria
- 8. Dr. Klara Baldzhieva, Chair of the National Association of the Outpatient Pediatricians Specialists
- 9. Dr. Lyubomir Kirov, Chair of the National Association of the General Practitioners in Bulgaria
- 10. Dr. Maria Racheva, Chair of the National Association of the Oncologic Healthcare Establishments
- 11. Dr. Svetlin Mitev, Chair of Varna Regional College of the Bulgarian Medical Association, Vice-Chair of the National Association of the General Practitioners in Bulgaria
- 12. Prof. Vesselin Borissov, Professor at the Department of Social Medicine, Faculty of Public Health, Sofia Medical University, Council Member of the Bulgarian Medical Association

TOPICS

- > Hypertension and Related Disorders
- > Oncology
- > Allergy and Autoimmune Diseases
- > Obesity, Diabetes Mellitus Type 2, Metabolic Syndrome

ROUND TABLES

- > Patient Safety
- > Health Issues and Health Policies in Conditions of Economic Crisis European and International Practice

Preliminary Programme

Wednesday, 22 September 2010

19.00 Opening ceremony

Thursday, 23 September 2010

09.00 - 10.30 Hypertension and related disorders

- 10.30 11.00 Coffee break
- 11.00 12.00 Hypertension and related disorders (continued)
- 12.00-13.30 Lunch break and poster session

13.30 - 15.30 Oncology

- 15.30 16.00 Coffee break
- 16.00 19.00 Oncology (continued)

Friday, 24 September 2010

09.00 – 10.30 Allergy and autoimmune diseases

10.30-11.00 Coffee break

11.00 – 12.00 Allergy and autoimmune diseases (continued)

12.00 - 13.30 Lunch break and poster session

13.30 – 15.30 Obesity, Diabetes Mellitus type 2, metabolic syndrome

- 15.30 16.00 Coffee break
- 16.00 17.30 Obesity, Diabetes Mellitus type 2, metabolic syndrome (continued)
- 17.30 19.00 Round table 1: Patient safety first part

Saturday, 25 September 2010

09.00 - 10.00 Round table 1: Patient safety - second part

10.00 - 10.30 Coffee break

10.30 – 13.00 *Round table 2:* Health issues and health policies under conditions of economic crisis – European and international practice

13.00 Closing of the Congress

Thursday, 23 September	Friday, 24 September	Saturday, 25 September
09.00 – 10.30 Hypertension and related disorders	09.00 – 10.30 Allergy and autoimmune diseases	09.00 – 10.00 Round table 1: Patient safety (continued) 10.00 – 10.30 Coffee break
10.30 – 11.00 Coffee break	10.30 – 11.00 Coffee break	Collee bleak
11.00 – 12.00 Hypertension and related disorders (continued)	11.00 – 12.00 Allergy and autoimmune diseases (continued)	10.30 – 13.00 <i>Round table 2:</i> Health issues and health policies
12.00 – 13.30 Lunch break and poster session	12.00 – 13.30 Lunch break and poster session	13.00 Closing
13.30 – 15.30 Oncology	13.30 – 15.30 Obesity, Diabetes Mellitus type 2, metabolic syndrome	
15.30 – 16.00 Coffee break	15.15 – 16.00 Coffee break	
16.00 – 19.00 Opeology (continued)	16.00 – 17.30 Obesity, Diabetes Mellitus type 2, metabolic syndrome (continued)	
Oncology (continued)	17.30 – 19.00 Round table 1: Patient safety	

Keynote lecturers

Hypertension and related disorders

Prof. Alexander Tschirkov: Moderator

Prof. Pavel Poredos: Hypertension and Deterioration of Arterial Wall

Prof. Mladen Grigorov: Hypertension, Coronary Disease and Cardiac Insufficiency

Prof. Katica Zafirovska: RAAS Blockade in Hypertension and Chronic Kidney Disease: Is it Blood Pressure Lowering Alone that Makes the Difference or Specific Medications?

Prof. Svetla Torbova: Control of Arterial Hypertension in East European Countries

Oncology

Prof. Enis Özyar: New Radiotherapy Tecniques and Methods and Stereotactic Radiosurgery and RadioTherapy Prof. Maja Žakelj: The Burden of Cancer and Challenges of Cancer Control in Central and Eastern Europe Prof. Marin Marinov: Onco-Neurosurgery – new Technologies Related to Increased Incidence and Aging Population Prof. Evangelos Paraskevaides Prof. Asen Busarski

FIOL ASELL DUSAISKI

Prof. Stojan Radic: Biological Treatment of Breast Cancer

Prof. Tatiana Hadjieva: Modern Radiotherapy in Multimodality Treatment of Cancer

Prof. Nikolay Yaramov: Complicated Colorectal Cancer

Assoc. Prof. Rossen Dimov: Surgical Aspects in the Treatment of Papillary Carcinoma of the Thyroid

Allergy and autoimmune diseases

Acad. Bogdan Petrunov: Allergen-Specific Immunotherapy of Atopic Allergic Diseases Prof. Angelko Gjorcev: Macedonian National Consensus for Diagnosis and Treatment of Asthma, Reality and Perspective Prof. Iskra Altunkova: Diagnostics of Autoimmune Diseases- Practice and Challenges Prof. Vladimir Ovcharov: Immune and Nervous System Interactions

Obesity, Diabetes Mellitus type 2, metabolic syndrome

Prof. Peter Schwarz: The European Perspective of Diabetes Prevention Prof. Isuf Kalo: "Thinking Big" on Diabetes within Recent Health System Reforms and "Diabetes House" Concept ,as an Integrated Approach of Diabetes Care Delivery Prof. Zoran Gucev: Obesity in Children

Assoc. Prof. Svetoslav Handjiev: Weight Loss Maintenance: a Randomised Intervention Trial on Ad Libitum Diets High or Low in Protein or Glycemic Index in Overweight and Obese Subjects

Prof. Vladimir Ovcharov: Adipose Tissue - Structure and Function

ROUND TABLES

Patient safety

Dr. Carlo Ramponi: International Patient Safety Goals and International Hospital Accreditation: the JCI Perspective Prof. Goce Spasovski: Patient Safety in Clinical Trials – GCP Prof. Jovan Tofoski: Safe Surgery Safe Lives Assoc. Prof. Toni Vekov: Organization and Efficiency of Cardiac Insufficiency Home Care

Health issues and health policies under conditions of economic crisis – European and international practice

Dr. Vladimir Lazarevik: How to Improve the Efficiency and Delivery of Health Care Services in Times of Crisis? Health System Perspectives?

Prof. Tzekomir Vodenitcharov: The Ten Principles of the Medical Professional and the Manager

Dr. Andrey Kehayov: Bulgarian Healthcare Funding and Role of the Institutions

Prof. Vesselin Borissov: The Strategic Management - the Main Deficit of the Health Reform

Scientific Information

CONGRESS LANGUAGES

The official languages of the Congress will be Bulgarian and English. Simultaneous translation will be provided.

ORAL PRESENTATION

All abstracts will be evaluated and the best will be presented orally. Multimedia will be available. All power-point presentations should be submitted to the Congress secretariat before the respective session. Each presentation will last 10 minutes and will be followed by 5 minutes discussion.

POSTER PRESENTATION

Maximum poster size: 0.7 m wide x 1 m high, Posters must be placed before 12:00 and removed after 18:00 on the respective day of presentation.

PUBLICATION

All approved abstracts will be published in the Congress Proceedings.

ACCREDITATION AND CERTIFICATE OF ATTENDANCE:

The Congress will be EACCME accredited. All registered participants will receive a Certificate at the end of the Congress.

Call for Abstracts

SUBMISSION

The deadline for abstract submission is 1 September 2010. They should be sent to the following e-mail: <u>seemf.congress@gmail.com</u>

STYLE

They must be in Bulgarian or in English language in Word format, font type - Times New Roman, font size - 10 points, single spaced lines, and should contain no more than 3400 characters, including the title, authors and the body text.

LAYOUT

The structure should be as follows:

Title: in uppercase, not underlined, bold or italic.

Author(s): not in uppercase. Write the initials of the given name(s) and then the surname, the scientific titles and/or degrees. Affiliations and country are listed below in the order of the author(s) names. The name of the presenting author should be underlined.

Information about the presentation type: poster or oral.

Body text: should contain the following components: background, method, results, conclusions. Use only well known abbreviations or explain abbreviations the first time they appear.

The presentation must be original and must not have been published or presented previously at an international meeting.

The poster dimensions should be 0.7 x 1 meter. The oral presentations should last 10 minutes and will be followed by 5-minute discussion. Abstract template as well as other current congress information will be published at its website: www.seemfcongress.zdravenews.eu

13

General Information

CONGRESS DATES

Wednesday, September 22nd till Saturday, September 25th, 2010. The main scientific programme will take place from Thursday, September 23rd to Saturday, September 25th, 2010.

Opening Ceremony: September 22nd at 19:00.

CONGRESS VENUE

The Congress will be held at Golden Sands Resort.

The **Golden Sands** resort is 18 kilometers north of the city of Varna and near the Golden Sands National Park. It is a magnificent resort, the largest one on the Northern Black Sea coast, with richly wooded hills, white golden beach and clear blue sea. There are lots of famous and ancient mineral water springs, which have a flow of 150 m/sec and were known already to the Thraciains and the Roman Caesars. The resort's beach strip is 3,5 km. long and up to 100 m wide. The average air temperature in Summer is 27-30 degrees and the water temperature is 25-28 degrees Centigrade. Golden Sands suits both sun-worshippers and sightseers being close to Varna - the third largest city in Bulgaria, the pearl of the Bulgarian Black Sea coast with a great number of places of interest. The resort offers opportunities for recreation, entertainment, sport and spa treatment. It has been awarded the prestigious Blue Flag international ecology prize several times.

CONGRESS SECRETARIAT

Bulgarian Physician Association Tel./fax: +359 2 85 48 782 e-mail: <u>seemf.congress@gmail.com</u>

REGISTRATION AND INFORMATION DESK

Registration desk will operate from September 22 to September 25 at GRAND HERMITAGE HOTEL. In order to register please bring along your payment document. The desk will operate: Wednesday, September 22: 16:00 - 19:00. Thursday, September 23 and Friday, September 24: 09:00 - 17:00 and Saturday, September 25: 9.00 - 14:00 hours.

EXHIBITION

A commercial exhibition will operate from Wednesday, September 22, 17:00, to Saturday, September 25, 15:00 hours. Access is free to registered participants.

DINNER AND COFFEE

Dinner is included in the accommodation package. During the breaks coffee and mineral water will be served.

VISA SUPPORT

Upon request, the Congress Organizing Committee, will send a personal letter of invitation to participants for visa purposes.



WEATHER

The weather in early September in Golden Sands is usually sunny and warm during the day and humid and cool at night. Temperature of the air varies between 15°C and 28 °C and of the seawater between 18 °C and 23 °C.

CURRENCY

Bulgarian lev 1 EURO = 1.956 BGN.

CREDIT CARDS

International credit cards are widely accepted in the hotels and restaurants.

Registration Information

Registration fee: 80 euro. Each participant must complete a separate form and the payment order should include the name of the participant. The registration form is enclosed. You can as well download it from www.seemfcongress.zdravenews.eu

The form should be returned by e-mail to: <u>seemf.congress@gmail.com</u> or by fax: +359 2 85 48 782.

ACCOMMODATION

Melia Grand Hermitage Hotel



Guestroom Amenities

• Balconies, most with sea view, air-conditioning and heating, TVs, multi language TV programs, digital audio programs, web access, voice mail, minibar, in-room safe

Hotel Services

24h Room Service, laundry and dry cleaning, message delivery, wake-up calls, newspaper delivery, reservations and ticketing

Business Services

PC and Internet stations, business desks, private meeting room for 4, secretarial services, translators, colour laser printers and b&w printers and copiers, binding, lamination.

Accommodation type	Price in BGN	Price in EUR
Single room, HB, park view	102	52
Double room, HB, park view	116	59
Single room, HB, sea view	114	58
Double room, HB, sea view	128	65





Riviera Beach Hotel



resort.

Riviera Beach is a relatively new hotel, built in the year 2002. It is a seven-storey building with single and twin rooms, suites, facing the sea or the beautiful park on the other side of the hotel. Riviera Beach has got a spacious lounge with a reception desk, a lobby bar, a souvenir shop, an exchange office, hairdresser & barber's shop, a restaurant with a terrace and a Beer pub. All bedrooms are elegantly furnished with balcony, private shower, WC, hairdryer, telephone, Satellite TV, music and mini bar. Riviera Beach hotel has got an indoor and an outdoor swimming pool and a sauna. There is a Sky Bar with lovely panoramic view of the

Accommodation type	
Price in BGN	
Price in EUR	
Single room, HB, sea view	
104	
54	
Double room, HB, sea view	
148	
76	





Admiral Hotel

Location: In the very centre of Golden sands resort, with lively atmosphere, at a walking distance from all resort attractions.

Only a pedestrian alley separates it from the wide sandy beach.

Distance to the beach: 20 m

- Beds: 618
- Hotel units: 288
- Double rooms: 257
- Standard suites: 11
- Junior suites: 20
- \circ Floors : 7
- Lifts: 3

Room amenities: Double rooms are with bathroom or shower/WC, individually controlled air conditioning, telephone, satellite-TV, mini bar, hairdryer, pile carpeting, balcony. Most of them have front or side sea view.

Junior suites are more spacious than the standard rooms with more enhanced furniture, some are with French bed, featuring bathroom or shower/WC, individually controlled air conditioning, telephone, satellite-TV, mini bar, hairdryer, pile carpeting, balcony, several with a spectacular panoramic sea view. Some of the hotel units have Internet-connection.

Standard suites consist of 2 separate rooms, some have French beds, featuring bathroom or shower/ WC, individually controlled air conditioning, telephone, satellite-TV, mini bar, hairdryer, pile carpeting, balcony, all of the units being with front or side sea view.

Accommodation type	Price in BGN	Price in EUR
Single room, HB	105	54
Double room, HB	128	66

Iberostar Obzor Beach & Izgrev ********



Accommodation type	Price in BGN	Price in EUR
Single room, HB	71	37
Double room, HB	110	57
Single room, All Inclusive	83	43
Double room, All Inclusive	135	69





Accommodation type	Price in BGN	Price in EUR
Single room, HB, sea view	94	48
Double room, HB, sea view	138	71
Flat, HB, sea view, single occupation	104	54
Flat, HB, sea view, double occupation	148	76

Morsko oko Garden ★★★★



Accommodation type	Price in BGN	Price in EUR
Single room, All Inclusive	95	49
Double room, All Inclusive	140	72

Nympha ★★★



Accommodation type	Price in BGN	Price in EUR
Single room, HB, sea view	84	43
Double room, HB, sea view	128	66

RESERVATION/CANCELLATION FEES

The main hotel in which the event will take place is Melia Grand Hermitage.

For registration and hotel reservation use the enclosed Reservation Form. You can also find it at the congress website (<u>www.seemfcongress.zdravenews.eu</u>).

Hotel reservation will be based on first-come-first-served basis. In order to guarantee reservation in the preferred hotel you are kindly advised to make your reservation as early as possible to fax +359 2 85 48 782 or e-mail: <u>seemf.congress@gmail.com</u>. The deadline for registration and hotel reservation is **September 10th**. In order to guarantee your reservation you should attach to the Reservation Form a document evidencing

payment of your registration fee and the amount for one night accommodation in the preferred hotel. Booking confirmation will be sent by fax or e-mail.

Cancellations after September 10th, 2010 are not refundable.

For hotel location in the resort please visit: http://www.goldensands.bg/map/index.htm

ACCOMMODATION PRICES

Hotel	Accommodation type	Price in BGN	Price in EUR
MAIN HOTEL:	Single room, HB, park view	102	52
MELIA GRAND	Double room, HB, park view	116	59
	Single room, HB, sea view	114	58
HERMITAGE ****	Double room, HB, sea view	128	65
RIVIERA BEACH ****	Single room, HB, sea view	104	54
KIVIEKA BEACH	Double room, HB, sea view	148	76
ADMIRAL ****	Single room, HB	105	54
ADMIKAL	Double room, HB	128	66
MORSKO OKO	Single room, All Inclusive	95	49
GARDEN****	Double room, All Inclusive	140	72
	Single room, HB	71	37
IBEROSTAR OBZOR	Double room, HB	110	57
BEACH & IZGREV ****	Single room, All Inclusive	83	43
	Double room, All Inclusive	135	69
	Single room, HB, sea view	94	48
	Double room, HB, sea view	138	71
LOTOS ****	Flat, HB, sea view, single occupation	104	54
	Flat, HB, sea view, double occupation	148	76
NYMPHA ***	Single room, HB, sea view	84	43
	Double room, HB, sea view	128	66

REGISTRATION FORM SOUTHEAST EUROPEAN MEDICAL FORUM First International Medical Congress

22 – 25 September, 2010

Golden Sands Resort, Bulgaria

1. Name of participant	
2. Title	
 Organization name and address 	
4. Phone, fax, e-mail	
 Are you submitting an abstract 	□ Yes □ No
6. If "yes", on what topic	Hypertension and related disorders
7. Arrival date:	
8. Departure date:	
9. Preferred hotel:	
10. Alternative hotel:	
11. Accommodation type:	single room double room flat
12. Price of 1 night accommoda- tion for the preferred hotel:	EUR
13. Registration fee	80 EUR
14. Prepayment amount(= item 12 + item 13):	EUR

Registration is only valid if accompanied by bank transfer of the above prepayment amount. The registration fee should be transferred to the following bank account:

EUR account:	BGN account:
SOUTHEAST EUROPEAN MEDICAL FORUM	SOUTHEAST EUROPEAN MEDICAL
Tokuda Bank AD, Sofia, Bulgaria	FORUM
IBAN: BG15CREX92601413760800	Tokuda Bank AD, Sofia, Bulgaria
BIC: CREXBGSF	IBAN: BG33CREX92601013760800
	BIC: CREXBGSF

The payment order should include the name of the participant.

HOW TO REGISTER

To register please complete this Form and return it together with the bank transfer document (by fax, ordinary mail or e-mail) not later than September 10th, 2010, to:

SOUTHEAST EUROPEAN MEDICAL FORUM, 102, Bulgaria Blvd., Sofia 1680, Bulgaria Fax: +359 85 48 782 e-mail: seemf.congress@gmail.com